

ANNUAL REPORT 2000/2001

*Information  
Education  
Support  
Research*



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### **About This Annual Report**

This annual report provides details of The Cancer Council ACT Inc activities, initiatives and achievements for the financial year ended 30 June 2001.

Approximately 500 copies of this comprehensive review are printed and provided to key stakeholders within Australia and overseas, including other state and territory cancer organisations, government, council members, and other interested parties.

The report is the major publication produced by the Council each year. It is used to provide readers with information about the Council's performance during the year and indicate direction for the coming year.

The Cancer Council ACT aims to make this report an accurate, informative and easy to read document. Your feedback and suggestions for improvement are welcome. If you have any comments, please contact The Cancer Council ACT.

# The Cancer Council ACT



**Working in the Australian Capital Territory to reduce the incidence and impact of Cancer**

**< The Australian Capital Territory**

## Memberships

The Cancer Council ACT, together with other member organisations in each state and territory, is a member of The Cancer Council Australia.

Through this membership The Cancer Council ACT is a member of the Asian and Pacific Federation of Organisations for Cancer Research and Control; the International Non-Governmental Coalition Against Cancer; and the International Union For Health Promotion and Education.

The Cancer Council ACT is also a member of the International Union Against Cancer (UICC). The UICC is an international non-governmental association of more than 290 organisations in 90 countries. Its objectives are to advance scientific and medical knowledge in research, diagnosis, treatment and prevention of cancer, and to promote all other aspects of the campaign against cancer throughout the world.

## Vision

To promote a healthier community by reduction of the incidence and impact of cancer in the Canberra area through information, education, support and research.

## Objectives

- To advocate and implement health education and promotion strategies and programs in cancer prevention and its early detection
- To improve quality of life of individuals with cancer and their families and carers
- To promote and support research into any aspect of cancer or related issues
- To provide best practice management and appropriate infrastructure to support the above objectives

# Key Achievements 2000/2001

## *Reducing the Incidence of Cancer*

We now know that between one third to one half of cancer cases can be prevented through lifestyle change and early detection strategies. Reducing the incidence of cancer is one of our greatest challenges. This is how we met the challenge in 2000/2001:

- The Cancer Council ACT **reached more than 1700 adults who were trying to quit smoking this year** through a combination of courses conducted in a diversity of workplaces as well as through provision of individual education and support.  
  
45 participants who were in Quit courses contacted 6 months after they finished the course, 17 (30%) remained quitters.
- A “Quit Challenge” launched this year resulted in **45% of participants remaining “quit” after 12 weeks** compared to a national average quit rate of 30% per intervention.
- This year **audiences of up to 10,000 people** were reached with key cancer prevention messages: sun protection, not smoking, making healthy food choices and being physically active.
- The “Smarter than Smoking” service began its pilot of an innovative community development approach to reducing smoking uptake in ACT youth.

## *Reducing the Impact of Cancer*

Each year over 1000 people in the ACT will be diagnosed with cancer, and for most people this diagnosis will create confusion and uncertainty for themselves and their families. Our vision is to reduce the impact of cancer through providing information and support. In 2000/2001 The Cancer Council:

- Provided practical and emotional support through over 1000 client contacts, **representing a 6.9% increase from 1999/2000.**
- Updated the library service to provide the latest evidence based information, and **empowered clients to access appropriate information** through assisted Internet access.
- **Assisted more than 400 patients** by reducing the impact of treatment on their appearance through our Wig Service; a 33% increase from the previous year.
- Linked 29 cancer patients to survivors through our **volunteer program.**

## *Supporting our objectives through fundraising and best practice management*

- **\$566,000 was raised through bequests, donations and events. More than \$420,000 of this total was raised through a variety of fundraising events** including Daffodil Day and Relay for Life. Fundraising efforts were supported by more than 250 volunteers. Funds raised enabled The Cancer Council ACT to provide key education, information and support programs.
- Implementation of a new strategic plan, and a number of key policies and procedures, provided a foundation and focus to support the efforts of The Cancer Council ACT in delivery of all programs.

# President's Report

The Cancer Council ACT remains committed to its twin goals of reducing the incidence and impact of cancer in the ACT community. The services and advocacy we provide remain much needed in the community at large as well as among the individuals and families affected by cancer each year. Cancer is a leading cause of premature death in Australia, responsible for almost 34,000 deaths (28% of male deaths and 24% of female deaths each year). In the ACT, the most recent annual data available (1997) shows that there were 414 deaths.

The past year has been a time of reflection, repositioning and planning for the long-term effectiveness and viability of The Cancer Council ACT. We reviewed our recent achievements and developed a new two-year strategic plan that sets out the broad priorities and strategies in three key result areas:

1. A reduction in the incidence of all cancers in the ACT but especially the following:

- cancers resulting from smoking
- skin cancer
- colorectal cancer
- prostate cancer
- cancer of the cervix
- breast cancer in females
- other cancers which we have the knowledge to prevent or where we can minimise effects.

2. Reduction of the impact of cancer in the lives of individuals with cancer and their families and carers.

3. Maintenance and development of The Cancer Council ACT as a well known, respected, well managed organisation in the cancer field through:

- wise and prudent governance;
- effective and efficient management;

- excellence in human resourcing; and
- appropriate development of financial and material resources.

A number of areas emerged where further strategy development is underway including: strengthening our membership base; clarifying the direction and improving the quality of our information education and support services; building stronger effective partnerships and alliances with organisations and groups that share our goals; and, strengthening our policy advocacy work to improve cancer services in the ACT.

Obvious to those who have been associated with the organisation, will be the change of name from the ACT Cancer Society to The Cancer Council ACT. This change, together with a strategy for national branding of the members of The Cancer Council Australia, allows us to demonstrate our association with the national organisation that is established as Australia's primary non-government cancer control body. A special general meeting of members in May 2001 determined that the name change allows us to benefit from the achievements, credibility, and profile of the national body and other state member bodies.

It is 25 years since the ACT Cancer Society was incorporated. We will celebrate this milestone and our solid achievements and reputation with the first ever history of the organisation. The history titled, "Facing the Future: a history of the ACT Cancer Society 1976-2001" will be launched in September 2001. The author is well known Canberra chronicler Alan Foskett. The Board records its thanks to the many contributors who offered their recollections and some of the source material for the book. We are

# President's Report

particularly grateful to those long-standing members and supporters who gave considerable time to making the publication a credible and professional publication.

A major focus of the Board's work has been assessing the feasibility of building new premises for the Council. The existing rented premises at Kaleen are far from ideal in terms of accessibility, visibility and amenity. The Board is negotiating the possibility of establishing lease of land from the ACT Government and has drawn up preliminary plans for building on a site in Curtin. I would like to thank the building sub-committee of the Board, until recently chaired by Peter Murray, for the significant contribution they have made to get this project underway.

We are proud of the record levels of event fundraising achieved this year. This is largely due to the tremendous efforts of staff and volunteers who plan, manage and participate in the range of events during the course of the year. Our achievements are also in some part due to the strong collaboration and cooperation between all state and territory members of The Cancer Council Australia.

This fundraising, together with financial support from the ACT Government, underpins our capacity to deliver high quality information, education, support services and research funding. We are continually assessing and planning how these services can be best delivered in order to maximise the benefits that flow to individuals, families and the wider community.

The Board has made a number of active, positive moves to strengthen its effectiveness as the governing body. We

have developed clearer policies for governance and guiding policies for the Board's strategic leadership of the organisation. Key policies include: Board Roles and Ways of Working; Executive Officer Limitations; Performance Appraisal; Membership of the Council; and, Volunteering. Other policy work will continue in the coming year.

There have also been a number of changes on the Board during the year. Long standing members Graham Bigg (past Treasurer) and Russell McGowan (past Deputy President) completed terms at the last AGM and are thanked for their very important contributions. The immediate past President Laurie Grealish resigned during the year and we thank her also for her dedication and work for the Council.

Lastly, the Board records its thanks to Joan Bartlett, the staff team and our many volunteers for their hard work and commitment to making The Cancer Council a successful and highly professional organisation serving the community.

# Treasurer's Report

The financial statements for the year ended 30 June 2001 shows a small operating deficit of \$2,251.00.

The donations and bequests received during the year were \$201,946.00 less than the 2000 financial year.

Bequests are not budgeted for and The Cancer Council ACT accordingly conducted its activities to ensure member funds are not eroded. This has been achieved for the 2001 financial year with the small recorded loss.

As The Cancer Council ACT does not have a profit motive, but rather utilises its funds to maintain its activities, the result reflects such objectives.

The efforts of the Executive Officer, Finance Officer and team at The Cancer Council ACT in achieving the 2001 financial outcomes are greatly appreciated.

Chris Soutter  
**Treasurer**



Chris Soutter, Treasurer

## 2000/2001 Board of Directors

Ms Lyla Rogan	President
Ms Laurie Grealish	President to (3/01)
Mr Chris Soutter	Treasurer
Mr Peter Murray	Secretary

Mr Shane Austin  
Mr Ron Christie  
Ms Margaret Morton  
A/Professor Robin Stuart-Harris  
Mrs Heather Wain  
Ms Anna Wellings-Booth

Public Officer: Graham Bigg

## Honorary Life Members

Mrs R Grantham  
Dr R Mendelsohn  
Mrs E Skilbeck  
Emeritus Professor M Whyte

## Finance Committee

Mr Chris Soutter	Convenor
Mr Peter Murray	
Ms Joan Bartlett	

## Policy and Planning Committee

Ms Lyla Rogan	Convenor
Ms Joan Bartlett	
Mr Ron Christie	
Margaret Morton	
Heather Wain	
Anna Wellings-Booth	

## Medical and Scientific Advisory Committee

Dr Desmond Yip	Convenor
Ms Joan Bartlett	
Ms Katrina Bayliss	
Ms Helen Cameron	
Mr Ron Christie	
Ms Victoria Jones	
Ms Jennifer Kavka	
Mr Russell McGowan	
Ms Melva Walters	
Dr Kevin White	

# Executive Officer's Report

It is with great pleasure that I present my third Executive Officer's report for The Cancer Council ACT Inc (formerly the ACT Cancer Society Inc).

As this report details, The Cancer Council ACT works on a number of fronts in its cancer control work: through providing information, education and support and through financial and other support to research initiatives.

We focus simultaneously and equally on the prevention of cancer and reducing the impact of cancer on the lives of those who are diagnosed with cancer and their families and friends.

I was fortunate to be able to attend the 3<sup>rd</sup> Global Cancer Organisation Conference in the United Kingdom in June. The model of cancer control organisations as developed by members of The Cancer Council Australia is different from that in the UK where cancer organisation's appear to concentrate solely, but comprehensively, on one aspect of cancer control, for example support groups or information provision. I did learn a great deal from this experience and look forward to introducing some of the ideas and practices I encountered, especially after we move to our new home and are more centrally located.

Because of the nature of the work of The Cancer Council ACT, education and support is provided by all our programs and most staff members. However, the Council provides specific dedicated services in both these areas against which our success is measured.

## **Reducing Incidence of Cancer: Information Education and Support**

The most reliable measure of the

effectiveness of our prevention program available in the short term is the number of smokers who, having participated in a course provided by The Council, when contacted three or six months later confirm that they are no longer smoking. Of all the participants in our education programs, only a very few are available when we attempt to contact them six months hence. This year the Adult Smoking Cessation Officer was able to contact 45 such participants. Of these 17 were not smoking. This number represents 30% of those contacted who had remained quit after intervention and is equal to the national average. It is, therefore, a satisfactory result. Using the same benchmark, the Quit Challenge brought extraordinary results with 45% of its contacted participants remaining quit after 3 months

We are devising measures to determine the effectiveness of our other educative efforts in the area of two of the major preventable risk factors: tobacco use and ultraviolet radiation exposure. We believe that primarily we need to change people's behaviours to those which support health, but we also want to support and strengthen the attitudes of those whose behaviours are already consistent with healthy living so they may become more influential in the community.

A new and exciting initiative is the pilot intensive community development program targeting young people based on *The Smarter Than Smoking* program developed in Western Australia. Details are provided in the Cancer Education Program section of this report and I look forward to describing some preliminary results next year.

As a result of the release of the National Cancer Prevention Policy, we have

## Executive Officer's Report

strengthened our emphasis on the preventable risk factors identified in addition to the well known tobacco use and ultraviolet radiation exposure, and now provide multiple messages with information and education on diet, physical activity and alcohol.

### **Reducing Impact: Information, Education and Support**

The Council believes that some of the support needs of those who have been diagnosed with cancer and their families and friends have been changing as "surviving cancer" becomes a more common experience. The Council has applied for funds from the ACT Department of Health and Community Care to undertake a mapping exercise in the ACT of the current support needs of those affected by cancer. The Council provides a variety of support services as detailed later in this report. A highlight this year was in providing a workshop facilitated by Professor Miles Little, a world leader in researching the experience of surviving cancer.

### **Maintenance and Development of the Organisation**

My reading of the relevant documents appears to show a steady decline in government funding to The Council over the last three years. In 1998, The Council received \$368,143. This year we received only \$256,476: a drop of \$111,667 over three years while all our costs have risen. In the intervening years we received \$329,285 (1999) and \$267,919 (2000). This has certainly put the pressure on The Council to raise its own funds. I would hope that we might be able to negotiate for increased government funding in the next year.

Luckily, but mainly through the

professional expertise and effort of our team, our fundraising from events this year has been outstanding. We improved our result by \$75,942 over the previous year. However, the total result for fundraising was less than in 1999/2000 because we had been very fortunate in that previous year to receive a large bequest. This year The Council has provided a graph demonstrating in percentage terms its income to costs relationships with regard to events fundraising. It clearly shows that this program is run effectively and efficiently.

I would like to make known The Council's deep appreciation of the generosity of those who have fought cancer with a will by making us a bequest. To those of you who might consider this option in the fight against cancer, please phone the fundraising and promotion unit of The Cancer Council for information on how to become part of our new program *The Heritage Circle*. I look forward to reporting on this in more detail next year.

### **Collaboration and Teamwork**

We have enjoyed some rewarding collaboration with our fellow members of The Cancer Council Australia this year, as well as with local health related and other organisations and sponsors.

Thank you to the staff who are noteworthy in their dedication to achieving The Council's goals and objectives and are also outstanding in their contribution to team spirit, making The Council a rewarding place to work.

I would also like to thank the Board who have this year made strong inroads into developing some key policies and procedures. These will provide a strong grounding for future development.

## *Executive Officer's Report*

Finally, thank you to the volunteers without whom our work could not be achieved. Most volunteers work in our fundraising area helping us to raise money without which we could not provide our services. Others work in giving support to others either through their dedicated work at the Wig Service, or through personal one-on-one support to those with cancer, their family, friends and carers. In this year of the Volunteer, we have had many occasions to remember how much The Council and the community owes you and to ensure we find occasion to demonstrate our appreciation.

Joan Bartlett



Joan Bartlett  
Executive Officer

# Cancer Information and Support Program

The Cancer Information and Support Program aims to lessen the impact of cancer in the ACT community by providing information and support to people with cancer, their carers and families.

The two main services offered within the program include:

- The Cancer Information Service
- The Cancer Support Service

## Cancer Information Service

The Cancer Information Service provides information to those affected by cancer; doctors and other health professionals; the general public through telephone contacts made via the Cancer Information Line; through written publications; a library service; e-mail service; and through a walk in consultation service.

The Cancer Information Service does not provide medical advice, but gives information on the effects of different types of cancer and methods of treatment as well as information on the most recent advances in cancer care.

In the 2000/2001 financial year, there were 1014 contacts made to the Cancer Information Service (see data below). Based on 1998 data, it is estimated that 914 people were diagnosed with cancer in the ACT in the last year. Evidence suggests that for each person receiving a diagnosis there will be an average of 2 persons affected to the extent they will seek information. From this information, it is estimated that in 2000/01 the Cancer Information Service reached 37% of those people affected by cancer. This compares to a national figure of 42% (Cancer Council Australia).

Other statistics from the Cancer

## 2000/2001 Information Service Data

<u>Contact</u>	<u>Clients</u>	<u>Percent</u>
Telephone	924	91%
Walk In	80	8%
<u>E-mail</u>	<u>10</u>	<u>1%</u>
<b>Total</b>	<b>1014</b>	<b>100%</b>

Information Service include:

- The majority of clients come from central and north Canberra.
- 75% of clients were female and 23% were male.
- 32% of clients were diagnosed cancer patients, 24% were a friend or relative of a cancer patient; 24% were persons looking for general information; 14% were health professionals and 5.7% were students.
- Of the clients who contacted the service, the majority sought information on breast cancer followed by skin cancer, prostate cancer, colorectal cancer and lung cancer.

## The Cancer Information Line

The Cancer Information Line at The Cancer Council ACT is part of The Cancer Council Australia's national information service. By calling 13 11 20, callers are connected to experienced cancer information consultants who provide evidence based information on cancer and cancer related issues.

In the 2000/2001 financial year, there were 924 calls made to the Cancer Information Line. This compares to 1140 calls the previous year. The reduction in reported calls was most likely due not to a fall in client contacts, but rather more accurate recording through an updated record keeping system implemented this

## Cancer Information and Support Program

past year.

### Publications

The Cancer Council ACT produces information booklets and pamphlets on various cancer topics as well as providing publications from other members of The Cancer Council Australia and other Australian cancer organisations. Information booklets and pamphlets were distributed to 246 clients of the Cancer Information Service in 2000/2001. This means 24% of clients received written information in addition to their consultation. The Cancer Council ACT's written materials were also distributed through oncology wards at the major Canberra treatment facilities and community health organisations.

The Cancer Information Service published 3 newsletters in the 2000/2001 financial year. *The Cancer Chronicle* (formerly *ACT Cancer Society News*), is a quarterly publication of the Cancer Information Service which contains news articles on relevant topics relating to cancer as well as updates on Cancer Council events and services. Each newsletter was distributed to over 800 recipients including council members and other individuals and organisations in the ACT.

This past year, the Cancer Information Service began collating information for a Cancer Services Directory for the ACT. This publication will provide cancer patients, their carers and friends, as well as health professionals, with a comprehensive listing of local oncology and community services available in the ACT. The Service expects to have the directory available in September 2001.

### Library Service

The Cancer Information Service launched a new and improved library service in

March 2001. Publications were re-organised for ease of locating and a thorough review of library resources was undertaken. The review prompted the acquisition of additional resources. Future initiatives include the continual expansion of the library's collection.

The library continues to provide unlimited Internet access including access to the Cochrane Library – an Internet site which reports on meta-analyses of clinical trials. Cancer Council staff assist clients who need help “surfing the web”. Lists of credible cancer information web sites are available from the service.

### E-mail Services

Those who prefer using e-mail to seek information may contact the Service via The Cancer Council ACT's e-mail address [chl@actcancer.org](mailto:chl@actcancer.org). 10 people requested information by way of e-mail this past year. We expect this service to grow after the launch of our website.

### Walk in Consultation Service

The Cancer Information Service offers a walk in consultation service. People seeking information on cancer can visit



Joan Bartlett, Executive Officer launching the new library service March 2001

# Cancer Information and Support Program

our office in Kaleen and speak one-on-one to our Cancer Information Consultants. This past year 80 people accessed this service.

## Cancer Support Service

The Cancer Council ACT Support Program provides practical and emotional support for cancer patients, people living with cancer, their families and carers through support groups, a one-to-one support program and a wig service.

In 2000/2001, The Cancer Council ACT support services received 1099 client contacts (see data below). This represents a 6.9% increase from 1999/2000 in which there was 1028 client contacts.

## Support Groups

Cancer support groups offer an opportunity for persons to meet and talk with others who have been through similar experiences. In the 2000/2001 financial year, The Cancer Council ACT offered three continuing support groups and supported a total of 537 contacts.

### Breast Cancer Support Group

The Cancer Council ACT's Breast Cancer Support Group provides a forum for women who have experienced breast cancer in which they can share with others in similar circumstances. The group meets twice a month and is facilitated by a psychologist. One of the sessions held each month is dedicated as an information session and guest speakers are invited to speak on subjects relating to breast cancer. This past year, information sessions were held on various topics including breast reconstruction, art therapy, meditation and nutrition.

## 2000/2001 Support Services Data

Client Contacts	Number
Support Group	537
One-to-one Support Service	29
Wig Service	441
Other	92
<b>Total</b>	<b>1099</b>

### Kidscan

Kidscan is a playgroup/parent support group that provides a safe environment where children with cancer aged 0-5 can play and provides an opportunity for parents to come together and share experiences. The group is run by a professional facilitator and meets once a week.

### Thursday Support Group

The Thursday Support Group is a group open to patients with all types of cancer. This group meets once a month.

### Living with Cancer Program

The Living With Cancer Program is a six week education and support program for people with cancer, their families and friends. Guest speakers provide advice on coping with reactions to cancer, managing diet, exercise, and communication.

## **One-to-one Support**

The Cancer Council ACT has volunteers available through the One-to-one Cancer Support Service who will meet and/or talk with people seeking support because of a cancer diagnosis. Volunteers of this service are specially selected and trained and have had personal experience with cancer themselves. Support may be

## Cancer Information and Support Program

given through personal visits or via telephone.

In 2000/2001, 29 clients accessed this service. Referrals to the service came through hospital social workers, community organisations and through self-referral. The most common requests came from clients seeking support from people skilled at supporting women with breast cancer.

### The Wig Service

The Cancer Council's Wig Service provides wigs for hire to clients who have lost their hair through cancer treatment. The service is staffed by a paid employee and trained volunteers who provide fittings and advice on the style and type of head wear for clients.

During the 2000/2001 financial year, the Wig Service assisted over 400 clients ranging in age from 16 to 90 years. 175 wigs were taken on hire which was an increase of 54 on the previous year where 121 wigs had been hired.

The substantial increase in wig hire is most likely due to the attractive new stock and an increase in awareness of the Service. Funding for the purchase of the new wigs this year was made possible through a generous donation from the Snow Foundation (see Fundraising and Promotions section for details).

During 2000-2001, the Wig Service continued to assist in the delivery of 5 courses of *Look Good Feel Better* – An international program dedicated to restoring appearance and self esteem to women undergoing cancer treatment.

The Cancer Council ACT has had difficulty in assessing how successful the

Wig Service is at reaching those who experience the loss of hair through chemotherapy treatment as currently statistics are not recorded on how many people lose their hair due to chemotherapy in the ACT. However we are pleased with the increased level of clients served as it demonstrates that the Council is meeting an important need.

### Support Service Events

#### Surviving Survival Workshop

In March The Cancer Council ACT's Support Service Program hosted an interactive workshop for cancer survivors and health professionals. The workshop entitled *Surviving Survival* was facilitated by a multi-disciplinary group from the University of Sydney's Centre for Values, Ethics, and the Law in Medicine. Headed by Emeritus Professor Miles Little who has been involved in ground breaking research into the psychological aspects of cancer survivorship, the group used a combination of storytelling, psychodrama, and formal presentation to offer those who



Surviving Survival Workshop Facilitators

## *Cancer Information and Support Program*

attended ways in which they could begin talking about survival. Over 50 cancer survivors, carers and health professionals were part of a capacity audience for this workshop.

### Breast Cancer Consumer Forum

In August 2000 The Cancer Council ACT, along with The Breast Cancer Network and the National Breast Cancer Centre (NBCC), hosted a “Breast Cancer Consumer Forum” at Calvary Hospital. The National Breast Cancer Centre initiated the public meeting to inform those affected by breast cancer about new developments in management and treatment of the disease.

Over 120 consumers attended the event and were provided with the latest information on issues ranging from lymphoedema, to sentinel node biopsy. The afternoon was dedicated to support as well as being an open forum. Issues raised at the open forum were noted for future program development by the NBCC, The Cancer Council ACT and The Breast Cancer Network.

### ABC Day Breakfast

Australia’s Breast Cancer Day was marked this year by a breakfast. The Cancer Council ACT took a major role in organising the event which brought together five organisations involved in breast cancer support. Over 50 people attended the event, which aimed to raise awareness about breast cancer control in Australia.



Nicole McGinn, Manager, Cancer Information and Support Services



Jennifer Kavka, Cancer Information Consultant, A/g Manager Cancer Information and Support Services

## *Cancer Information and Support Program*

### **Future Directions**

- To maintain or exceed the current proportion of clients affected by cancer served by the Information and Support Service.
- To publish and distribute the “Cancer Services Directory”.
- To ensure that all patients who lose their hair during treatment are aware of and able to access The Wig Service.
- Ensure statistics on how many individuals lose their hair due to chemotherapy in the ACT are recorded so we may better evaluate the value of the Wig Service.



Lynne Webb, Wig Service Manager



The Breast Cancer Support Group

# Cancer Education Program

The Cancer Education Program aims to reduce the incidence of cancer in the ACT through educating and providing information about cancer prevention strategies that will encourage people to maintain lifestyles that will decrease their cancer risk.

The process of influencing lifestyle change through education calls for a variety of strategies and results are not known in the short term. Current research suggests that between one third to one half of cancer cases can be prevented, if risk-taking behaviours are changed early or never begun. The education programs offered by The Cancer Council ACT in 2000/2001 aimed to address the four key cancer prevention behaviours outlined in the National Cancer Prevention Policy 2001-2003: protecting oneself from the sun, not smoking, eating a healthy diet and being physically active.

Prevention education was offered this year through three main services:

- Adult Smoking Cessation
- Youth Anti Tobacco Service
- Community Cancer Prevention Service

## Adult Smoking Cessation Service

The Adult Smoking Cessation Service aims to educate and support adults who wish to quit smoking and to prevent uptake of smoking in adults. This past year the Adult Smoking Cessation Service received 2088 client contacts. **This is an excellent result compared to 2033 client contacts made in 1999/00.**

Of the 45 participants who participated in Quit courses and were willing and able to be contacted, 17 (30%) remained quitters 6 months after the course. This compares to a national average quit rate of 30% per

intervention.

The ACT Department of Health and Community Care provides the greater proportion of the funding for this service with The Cancer Council ACT supplementing the funds. The Department contracts with The Cancer Council to purchase:

- Courses held within diverse workplaces across Canberra
- Courses held at community venues such as local high schools
- One-on-one courses held at The Cancer Council offices
- The Quitline (a telephone information and support service for those wanting to quit smoking)

Client contacts for this year have significantly exceeded contract requirements for the Department.

## Client Contacts for 2000/2001

<u>Courses</u>	<u>Contacts</u>
8 Workplace	146
9 Community	337
7 Individual	23
Quitline	1255
Seminars	137
<b>Total</b>	<b>2088</b>

# Cancer Education Program



Chloe Gaul receiving her certificate from Michael Moore at the Quit Challenge Breakfast held at the Southern Cross Yacht Club

## Quit Smoking Activities

### “Quit Challenge”

One reason that giving up smoking is so difficult is that people often suffer a lack of confidence after previous unsuccessful attempts to quit. The inaugural Quit Challenge was launched to improve confidence and remove guilt through adding an element of glamour and prestige to giving up smoking. The Challenge was well supported by several local businesses.

The Challenge was launched on 2 April 2001 with 22 people committing to give up smoking and remain non-smokers up to and after World No Tobacco day on 31 May. Of this group 10 were still non-smokers at the end of the Challenge; **a 45% quit rate at 12 weeks compared to a national average quit rate of 30%**. Not surprisingly, we were very satisfied with this result.

### World No Tobacco Day

In addition to the Quit Challenge Breakfast, the Education Unit set up stalls in five Canberra shopping centres

promoting the World No Tobacco Day theme of an awareness of Passive Smoking. This was done collaboratively with the Drug and Alcohol Program and the Heart Foundation.

### New Smoking Cessation Projects

Following the success of the Mental Health Consumers Project last year, the Education Unit has made a concerted effort to establish networks with groups in the community who are known to have more difficulty than other smokers in quitting. The Quit Coordinator has regularly visited Samaritan House, a homeless men’s refuge where 95% of residents smoke. Successes to date include educating male residents about smoking and health, and providing information on Quitline services available to residents when they are ready to quit. The Education Unit has also sought to raise its profile in the community and the professional arena through participation in a wide range of public events.

Other activities in which The Cancer Council has been involved and through which we have reached thousands of people are:

- ANZAC Parade Open Day
- World No Tobacco Day
- Environment Day
- School Drug Forums
- Orientation week for Universities and CIT
- Indigenous Family Fun Day
- The Canberra Show
- International Day of People with a Disability
- Kidz and Parentz Expo

# Cancer Education Program

## The Community Cancer Prevention Service

The Community Cancer Prevention Service promotes the adoption of cancer prevention behaviours and participation in early detection programs. The program focuses on the four key cancer preventable risk factors outlined in the National Cancer Prevention Policy 2000 - 2003: tobacco use, ultraviolet radiation exposure, poor diet and low physical activity. Cancer prevention information and education is provided through the following sub-programs:

- Health Promotion Sponsorships
- SunSmart Community Education
- Outdoor Worker Sub-program

### Health Promotion Sponsorships

One of the key ways The Cancer Council ACT works to promote cancer prevention behaviours is through a process called



Lindy Butcher, Manager, Education Services



Catherine Moyle, Adolescent Smoking Cessation Officer



Roz Lemon, Cancer Prevention Officer

# Cancer Education Program

health promotion sponsorship. Sponsorship involves providing financial support to sporting organisations and other clubs with a large proportion of the funding being provided by Health**pact**.

The role of The Cancer Council ACT is to provide expertise in the area of cancer prevention and to educate and assist the funded organisation to undertake health promotion activities. The sponsorship aims to educate the communities reached through the sponsored organisations activities in all four of the preventable risk factors with a primary emphasis on tobacco use and ultraviolet radiation exposure.

The long-term goal of the health promotion sponsorships is to change behaviours in relation to the risk factors but also to shape and strengthen attitudes and values generally, so that the community itself becomes educators in our cause.

In 2000/01 Health**pact** provided The Cancer Council ACT and 11 community organisations with funding to promote the SunSmart and SmokeFree messages. The majority of the funded organisations were sporting associations. Some key athletes and staff from the sponsored organisations were trained by The Cancer Council ACT to educate others in the four key cancer preventable risk factors.

The health messages are promoted through education, public announcements, signage, reusable giveaways and key participants modelling healthy behaviours.

Sponsorships also provide a means to achieve structural change within the organisation and events through the development and implementation of

relevant policies.

During the 2000/2001 financial year, the following organisations and The Cancer Council ACT each received Health**pact** funding with which they together promoted the health messages:

- Tennis ACT
- ACT Cricket
- ACT Orienteering
- Triathlon ACT
- Athletics ACT
- Royal National Capital Agricultural Society
- Summernats
- Australian Science Festival
- Canberra Capitals (Basketball Canberra)
- Canberra Cannons (Canberra Basketball)
- Soccer Canberra

## SunSmart Community Education Service

In addition to those reached through the Health Promotion Sponsorships, over 1,300 people in the ACT and surrounding regions attended education sessions provided by the SunSmart Community Education Service.

The main target groups were outdoor workers, mothers groups and primary school students. The program also emphasised the importance of being a non-smoker, eating a healthy diet and being physically active

In addition, over 200 people from various groups including psychiatric patients from Calvary Hospital, children undertaking school holiday sailing courses and students of the Adult Migrant English Centre received SunSmart educational

# Cancer Education Program

presentations. The adult migrants were particularly interested to learn that Australia has the highest rate of skin cancer in the world.

## National SunSmart Schools Program

The Cancer Council ACT assists ACT primary schools to become accredited as a SunSmart School under the National SunSmart Schools Program. An accredited SunSmart School has a comprehensive sun protection policy meeting minimum national standards relating to behaviour, curriculum and the environment. The Education Service provides SunSmart support to both accredited SunSmart and other schools. Currently 23 ACT schools are accredited SunSmart Schools.

A National Secondary SunSmart Schools Strategy is being developed with other state and territory members of The Cancer Council Australia. The strategy will be released in November 2001.

## Outdoor Worker Program

The Outdoor Worker Program provided presentations that aimed to increase the awareness of those working outdoors to their particular high risk of getting skin cancer. Over 100 outdoor workers from Totalcare, Yarralumla Nursery, Revolve (Mugga Lane Landfill Site) and ACT parking inspectors participated in the program which encouraged an increase in their daily sun protection behaviours and promoted early detection of skin cancer.

## Mothers Groups

A new initiative this year was to promote cancer prevention behaviour to mothers groups with young babies through free information sessions. Over 40 new mothers were educated about the best way to protect themselves and their babies from the sun. The importance of

being a non-smoker (and not exposing your baby to environmental tobacco smoke), having a healthy diet and being physically active were discussed at these sessions.

## **Youth Anti-Tobacco Education Service**

As approximately 90% of adult smokers begin their habit in adolescence, preventing the uptake of smoking in our youth is vital for reducing the level of tobacco-related morbidity and mortality in the ACT.

The adolescent population has been notoriously difficult to reach, and efforts to date across the world have been ineffective to the extent they have been described as "dismal."

One of the main problems has been identifying which programs or parts of programs are the most effective in reducing adolescent smoking. This is due to the fact that programs have usually been provided in a widespread "scattergun" way, and follow-up under these conditions is practically impossible.

To address this problem, The Cancer Council ACT has chosen to focus only on a few school communities, and work intensively with these communities over three years using a community development model to see if this approach will have a positive and sustainable effect and to assess which, if any strategies were the most effective.

The Council has chosen a respected Western Australian program, "Smarter Than Smoking" for this pilot education program.

The program combines curriculum development, professional development

# Cancer Education Program

for teachers, and most importantly, student and parent participation. The long-term goal of the Program is for students who participate, to remain non-smokers or reduce the amount they smoke throughout their school years. The “Smarter Than Smoking Program” is planned to run for three years allowing for comprehensive tracking and evaluation of changed attitudes and behaviours.

Start up activities for the Program include:

- Comprehensive mapping of and developing the school health infrastructure to support the “Smarter Than Smoking Program”.
- Establishing a Health Crew comprising at Calwell High School student members of the Health Committee. These students are a major driving force behind having an integrated health promotion movement within the school.
- Setting up of Health Committees including members of the broader community in the health promotion activities and decisions that affect the school.
- Providing professional development to teachers about the effects of tobacco use and providing them effective strategies to educate students about tobacco use.
- Curriculum Mapping to assess the level of tobacco education currently being undertaken and to identify opportunities for developing a comprehensive and cross curricula approach.
- Peer Training in which each school population assists with the transition of students from Primary School to High

School.

- Initiating community-wide activities aimed at raising awareness and increasing ownership and participation of the program such as:
  - Drug Free Afternoons
  - Involvement in Youth Week and World No Tobacco Day (WNTD)
  - WNTD Wheelie Bin Art
  - Feel Good, Look Good Drama Group
  - Focus Groups

# Cancer Education Program

## Future Directions

- To maintain or exceed the level of clients contacted through the Education Service and to seek opportunities to educate groups known to be at higher risk for developing a cancer.
- To develop strategies and instruments to allow The Cancer Council to measure the change made in the behaviour, attitudes and values of education and health promotion sponsorship participants in relation to the four preventable risk factors.
- Educate student leaders at residential colleges at the Australian National University on the health effects of tobacco and nicotine.
- Ascertain the needs of specific target groups and tailor appropriate educational responses through “Supported Quit Smoking Program for People on Low Incomes” in collaboration with other community organisations including the “No More Boondah” Program with Winnunga Nimmityjah.

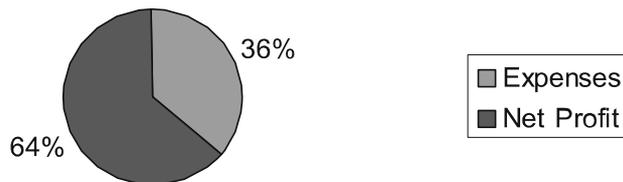


Roz Lemon and Philip McGhie promoting the SunSmart message



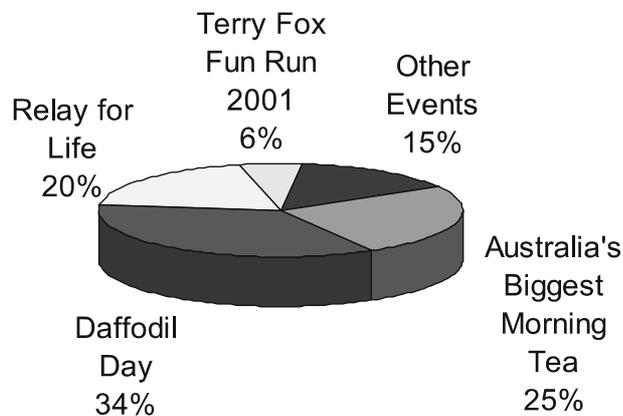
# Fundraising and Promotion Program

## Events Fundraising Income & Expenditure: 2000/2001



*Expenses include administrative costs, wages & total costs of individual events*

## Events Fundraising Income 2000/2001



*1998 Giving Trends in Australia: O'Keefe and Partners suggests that for an organisation of The Cancer Council's size, that is, events fundraising revenue is less than \$500,000, a reasonable benchmark for costs of events fundraising is between 40-80%. The Cancer Council ACT's result, costs at 36% of revenue is certainly excellent using this comparison. We will work towards reducing this figure as appropriate in the future.*

## *Fundraising and Promotion Program*

Total fundraising income this past year was \$566,000. This is \$126,004 less than in 1999/2000. Donations were also down. The Council received \$59,366 as compared with \$116,694 in 1999/2000. However, income raised through events was \$423,113 a considerable increase over the \$347,171 raised in the previous financial year.

The Council relies heavily on the financial support of the local community to help fund cancer support groups, education and prevention services and programs, and cancer research initiatives.

The money needed to sustain these programs is raised through bequests, donations and specific fundraising events. The events include: Relay For Life, Daffodil Day and Australia's Biggest Morning Tea. This financial year saw each of the above mentioned events grow considerably.

### **Daffodil Day**

The Cancer Council's largest fundraising event is Daffodil Day. Now in its 8<sup>th</sup> year Daffodil Day continues to grow in the ACT both financially and in volunteer participation.

The daffodil is now known internationally as the symbol of hope for those people affected by cancer. Daffodil Day is the largest fundraising event for cancer in the southern hemisphere and raised \$6.4 million nationally in 2000/2001. The Cancer Council ACT contributed \$141,240 to the national total and this figure is \$16,687 more than was raised during the 1999/2000 event.

The official ACT launch of Daffodil Day took place at The Canberra Centre and was launched by Mark Parton and Kevin

Wolfe from radio station MiX106.3. As the ACT patrons for Daffodil Day both Mark and Kevin voiced their support of Daffodil Day and encouraged the Canberra community to support the event by purchasing a fresh daffodil or Daffodil Day merchandise.

Mark and Kevin continued their support of the event throughout the week leading up to Daffodil Day and went one step further by dressing as daffodils and doing the Daffodil Day dance in Garema Place on Daffodil Day. The students of Yarralumla Primary School, dressed as miniature daffodils, joined Mark and Kevin and sang the Daffodil Day song.

Over 250 volunteers gave up their spare time to staff shopping centre stalls throughout the Canberra region and over 300 workplaces ordered point of sale merchandise boxes for their office.



Daffodil Day, 2000

# Fundraising and Promotion Program

Without the support of the volunteers or the participants, Daffodil Day would not have been as successful as it was.

## **Australia's Biggest Morning Tea**

This financial year's Australia's Biggest Morning Tea proved to be the most successful morning tea event ever organised by The Council. For our generous volunteers hosting a morning tea is quite easy. Members of the local community register as hosts, and they invite as many people as they can or want to their individual morning teas. Each morning tea participant is asked to donate a gold coin for every "cuppa" they drink.

The ACT launch of Australia's Biggest Morning Tea took place at the Hyatt Hotel and was hosted by Daniel Gibson from radio station 1053 2CA. Approximately 50 people participated in the launch and had a "cuppa" for cancer.

The local community was extremely eager to participate in the event and 617 people registered to host a morning tea. 109 more hosts participated in the event than last year. To date \$102,418 has been raised from the event and this figure is expected to rise as additional money is banked in the new financial year. So far, there is an increase of \$25,714 on last year's event.

Lipton and Weston's Biscuits sponsor Australia's Biggest Morning Tea nationally. This sponsorship covers the cost of printing promotional material and also provides each host with free tea and biscuits for their morning tea. This sponsorship allows the money raised from the event to be used to fund cancer research as well as the other services the Council provides to the local community.

## **Relay For Life**

The second ACT Relay For Life grew enormously this year and saw 33 teams participate in the 24-hour event. Much of the success this year can be attributed to Kowalski Consulting who made a generous donation toward the event. This sponsorship allowed for the printing of brochures and posters, and for a television community service announcement (CSA) to be made. The printed matter and the TV CSA created greater awareness of the event and increased event participation.

Each team that registers to participate in Relay For Life is required to pay a \$100 registration fee and asked to raise a minimum of \$1,000. This year \$80,654 was raised through the event and this figure has grown by \$41,571 compared to last year's figure.

The relay style event sees participants walk or run around an athletics track for a 24-hour period. The event begins with a survivors' lap which honours those who have survived and after dark, a moving candle lighting ceremony, provides an opportunity for participants and others can remember their loved ones.

Relay For Life is now held nationally throughout Australia. It is also the largest fundraising event in the world.

## **Terry Fox Fun Run**

Terry Fox, a remarkable young man, after being diagnosed with cancer and having a leg amputated, began a "Marathon of Hope" across Canada to raise money for, and create awareness of cancer. Terry did not complete his journey as his cancer developed further and he died before he could complete his goal.

## Fundraising and Promotion Program

His spirit, however, lives on in The Terry Fox Fun Run organised each year by the Canadian High Commission. The money raised from the event is donated to The Cancer Council ACT.

Nortel Networks was the major sponsor of the event again this year. The weather was exceptionally fine and encouraged 1,900 people to brave the cold and participate in the fun run. **A total of \$22,362 was raised from the event and this is an increase of \$10,958 over the previous year.**

### Other 2000/2001 Fundraising Events

- Christmas In July Dinner Dance & Charity Auction
- The Doug Russell Memorial Golf Day
- Walk For Wigs – Crispin Hull, The Canberra Times
- Christmas Card Sales
- Film Preview – Hoyts Belconnen
- Open Gardens – The Horticultural Society of Canberra
- Department Of Foreign Affairs and Trade – Can Clips
- Grease, The Musical – Charity Breakfast

The 2000 / 2001 fundraising financial year was extremely successful with \$423,113 being raised. This is an increase of \$75,942 from 1999 / 2000.

### 2000/01 Financial Year Event Sponsors

#### Australia's Biggest Morning Tea 2001

Delfast  
Hyatt Hotel  
Lipton  
Westons



Nicole Stone, Fundraising and Promotion Manager



Opening Ceremony, Relay For Life 2001

# Fundraising and Promotion Program



Elizabeth Williams, Fundraising and Promotion Assistant

Westons

## Daffodil Day 2000

Amcal  
Ansett Australia  
Bi-Lo  
Coles  
Crossroads  
Delfast  
First National Bank  
Health Insurance Commission of Australia  
Katies  
Kmart  
Medibank Private  
Miller's Fashions  
MiX 106.3  
Mobil/Quix  
Newsagents  
NRMA  
Rockmans  
Spotlight  
Union Offset Printers

Westpac  
Zamels

## Christmas In July Dinner Dance & Charity Auction 2000

Kowalski Consulting  
Adler & Stoyles Pty Ltd  
Melrose-Peugeot  
JRW Fine Wine Merchants  
The Boat House Restaurant  
Central Auctions

## The Doug Russell Memorial Golf Day 2000

Melrose Peugeot  
Tony Farrugia Bodyworks  
The Royal Canberra Golf Club  
Rustic's Haircutters  
RSL Club  
2CA  
Deakin Health Spa  
Ondina  
Australian Connections  
Insignia Embroidery Design  
Union Offset Printers  
Bunnings Warehouse  
Sportsmans Warehouse  
Rosemount Wines  
Southern Cross Club  
Kamberra Wines  
Canberra Raiders  
ACT Rugby  
Canberra Symphony Orchestra  
Casino Canberra  
Oz Design  
Old Parliament House  
Hoyts Cinemas  
National Capital Balloon Club  
ACT Cancer Society Shop  
Bernie Farmer

## Relay For Life 2001

Kowalski Consulting  
Australian Institute of Sport

# Fundraising and Promotion Program

ACT Cancer Society Shop  
Agfa Film  
Ainslie Football Club  
AMF Belconnen  
Audio Solutions  
Belconnen Baptist Church  
Berri Ltd  
Blokies and Colours Choir  
Bowen Therapists  
Buttercup Bakeries  
2CA  
Canberra Indoor Rock Climbing  
Canberra Milk  
Carry On Karaoke  
Creative Chic  
Dairy Farmers  
Daramalan College  
Electric Shadows Bookshop  
Fyshwick Fresh Food Markets  
Gospel Choir  
Greater Union Cinema  
Hogs Breath Café  
Hoyts Cinema  
Kelloggs  
King O'Malley's Irish Pub  
Martin Bowland  
Mike's Meat Superstore  
Mobile Espresso Café  
National Aquarium & Wildlife Park  
National Dinosaur Museum  
Neville White Jazz Band  
Next of Kin Band  
P J O'Reilly's  
Peter Alexander  
Polyco Candle Pty Ltd  
Queanbeyan Pitch & Putt Golf  
Questacon  
Radio Rentals  
RMC Duntroon  
Rustler's Spit Roast  
Scissorman  
Screen Sound Australia  
St John Ambulance (ACT)  
Ted's Camera Store  
TEN Capital  
The Canberra Centre  
Tribal Rhythms Group  
Woden Plaza

## Film Night 2001

Hoyts 10 Belconnen  
David Farmer Wine Merchant  
Kingston Hotel Wines  
Liquorland Belconnen

## Grease the Musical Charity Breakfast 2001

Bakers Delight Woden  
Belconnen Rotary Club  
Bunnings Warehouse  
Canberra Milk  
Coles Jamison  
Donut King  
Fyshwick Fresh Food Markets  
MiX106.3  
Rustler's Spit Roast  
So Good Sausages

## Terry Fox Fun Run 2001

Nortel Networks  
The Canadian High Commission  
Australian – Canadian Association  
ACT Athletic's Association  
ACT Cross Country Club  
ACT Veteran's Athletic's Association  
ACIL Consulting  
ACT Bureau of Sports & Recreation  
ACTEWAGL  
Active Travel & Northern Territory  
Allied Pickfords  
BBC Hardware  
Bertram Ellis Real Estate  
Camp Maple Syrup  
Campbells Cash & Carry  
Canada 3000  
Cadbury Schweppes  
Canberra Cabs  
Canberra City News  
Canberra Southern Cross Club  
Canberra Southern Cross Yacht Club

# Fundraising and Promotion Program

Canberra Trophy Centre  
Canon Australia  
Capital Travel Manuka  
Corporate Express  
Daniels of Manuka  
D & JC Packaging  
Executive Rentals  
FM104.7  
Fyshwick Fresh Food Markets  
Fred Palmer & Son  
Freehills  
Impressive Signs & Screen  
Printing  
Just Rite Home Improvements  
Kell & Rigby  
Kennards Hire  
KJB Law  
Microsoft  
Morgans Carpet Cleaning  
National Foods – Pura Milk  
National Gallery of Australia  
Novotel Canberra  
OM Shanti College of Tactile  
Therapies  
Pacific Waste Management  
Panther Publishing and Printing  
Parkroyal Canberra  
Prestige Portables  
Qantas Airlines  
RL Newman & Associates  
Rotary Club of Canberra East  
Rotary Club of Canberra South  
Sportsman's Warehouse  
Sing Australia Blokes  
St John Ambulance  
Step Into Life  
Stewart Barlen Hire  
The Canberra Times  
The Pancake Parlour  
The Regent Sydney  
The Runners Shop  
Urban Contractors  
Waldorf Apartment Hotel Canberra  
Water & Gas Doctor  
Westpac  
Wilson's Removals



Launch of Australia's Biggest Morning Tea

## Future Directions

- **To maintain or exceed the funds raised in this financial year with special concentration on increasing donations.**
- **To develop our bequest program.**
- **Continue to monitor and evaluate fundraising events, seek opportunities to add new events and to develop new fundraising opportunities.**

# Research Program

Research is the key to gaining evidence based information in all areas of cancer control. The Cancer Council ACT is committed to promoting and supporting research into all aspects of cancer.

The Council achieves research aims through two primary means (1) by providing funds to support researchers investigating cancer and related issues, and (2) by participating in and providing data for research being undertaken by other organisations.

The Cancer Council ACT provides funds for independent research projects through a research grants scheme. Each year The Cancer Council ACT invites application/s from ACT researchers. The applications are recommended to the Board by the Medical and Scientific Advisory Committee, a committee which draws upon the expertise of a multidisciplinary group of medical, allied health and research professionals. The most significant applications will be entered into the national peer review scheme. In 2000/2001 two research proposals were received and two were chosen for funding. A summary of each of these projects follows.

In 2000/01 The Cancer Council provided data for, and participated in, a number of research initiatives being carried out by other organisations. These projects included:

- ACT Department of Health & Community Care
- Australian Medical Workforce Advisory Committee
- Calvary Hospital
- Carers Association
- Consumer's Health Forum
- Canberra Institute of Technology
- Community Information and Referral Service of the ACT

- Department of Biostatistics and Epidemiology
- Enduring Solutions
- Palliative Care Australia
- International Union Against Cancer Review
- World Health Organisation

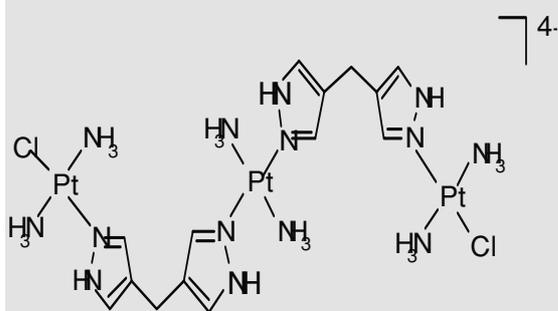
**Investigator Dr JG Collins**  
**The Australian National University**

**Grant Awarded: \$4,000 (2 year award)**  
**Project Title: Multinuclear Platinum Complexes as Anti-Cancer Agents**

Platinum metal complexes are amongst the best chemical agents currently available for the treatment of cancer. Examples of Platinum metal complexes, Cisplatin and carboplatin are amongst the most widely utilised antitumor drugs in the world. They are highly effective in the treatment of testicular and ovarian cancers, and contribute in the treatment of a range of other cancers. Despite their comparative success, cisplatin and carboplatin have significant disadvantages. These include: severe toxicity; some tumours have a natural resistance while others develop resistance after initial treatment; and they have a low water solubility and hence must be given intravenously.

## Research Program

One new approach in the design of platinum based anticancer drugs has been the formulation of multinuclear platinum complexes – ie where two or three platinum atoms are linked together. Like cisplatin, the anticancer activity is due to their DNA binding properties, but the multinuclear platinum complexes will form radically different DNA-Pt adducts and hence have significantly different anticancer properties. Farrell and co-workers in the USA have prepared a trinuclear platinum complex (BBR3464), linked by a  $-CH_2-$  chain, that is about ten



Our dpzm based trinuclear platinum complex

times more potent than cisplatin and is also highly active in cisplatin resistant cell lines. BBR3464 has now entered clinical trials. These multinuclear platinum complexes represent a totally new class of metal based anticancer agents.

We are also exploring multinuclear

platinum complexes as anticancer agents. However, we are utilising a heteroaromatic ligand (dpzm) as the linker between the platinum centres. We have synthesised two new multinuclear platinum complexes, one di- and one trinuclear species, that have potential as anti-cancer agents.

Preliminary cytotoxicity tests have indicated that both complexes have significant anti-cancer activity, in both cisplatin sensitive and resistant cell lines. The aim of our current studies is to determine how our multinuclear platinum complexes bind to DNA.

(1) Using sequence specific oligonucleotides we have found that the multinuclear platinum complexes will preferentially associate in the DNA minor groove before covalently binding to the DNA. NMR experiments have indicated that the concentration of the platinum complex in the minor groove is 100 to 1000 times (depending upon the particular segment of DNA) that found in the major groove. This does not mean that multinuclear platinum complexes will covalently bind in the minor groove, since the relative reactivity and accessibility of the various DNA sites will have a greater

## Research Program

influence on the final covalent product distribution. However, the preferential pre-covalent binding association in the minor groove enhances the probability of covalent binding in the minor groove. All platinum based anti-cancer agents are thought to covalently bind in the major groove, hence the potential minor groove binding by the multinuclear platinum complexes may represent a completely new mode of action.

(2) Using the dinucleotide d(GG) we have shown that our multinuclear platinum complexes can not covalently bind the most common cisplatin binding site – two sequential guanine bases. This indicates that the anti-cancer activity of our multinuclear complexes is due to a completely different DNA binding profile. *In vitro* cross-linking assays have shown that our complexes form high levels of DNA interstrand cross-links, with 50% interstrand cross-linking observed at much lower concentrations than cisplatin. The higher extent of interstrand cross-linking is probably due to the rigid nature of the dpzm linking ligand, which prevents the complexes from forming short-range intrastrand adducts, like the d(GG) adduct formed by cisplatin.

(3) In order to determine the nature of the DNA adducts that the multinuclear platinum complexes are capable of forming, we are currently studying the binding of the complexes to oligonucleotides. By using oligonucleotides with different sequences we can determine if particular adducts are likely to be formed. After the oligonucleotide is reacted with one of the multinuclear complexes, the mixture of the free and the various platinum bound forms of the oligonucleotide is resolved by HPLC. The structure of each platinum bound form is then determined by NMR spectroscopy, principally using Nuclear Overhauser Effect (NOE) type experiments.

## Research Program

**Investigator: Prof Ian A Hendry  
The Australian National University  
Grant Awarded \$43,410.00**

**Project Title: Investigation of morphine tolerance in Gza deficient mice: Implications for the treatment of chronic cancer.**

The experiments funded by this grant seek to determine the role of the GTP binding protein Gz $\alpha$  in the development of opioid tolerance.

We have set up an adenylyl cyclase assay and are in the process of examining its changes in the whole brain of naive and tolerant Gz $\alpha$  deficient mice. At this gross level preliminary experiments suggest that there are no specific changes seen. Work will continue looking at subregions likely to be relevant to morphine tolerance.

We have shown there are no significant changes in the G protein complement of any specific brain region in the Gz $\alpha$  deficient mice after chronic morphine treatment. Thus the role of Gz $\alpha$  in morphine tolerance appears to be a direct one.

We generated mice that overexpress Gz $\alpha$

and a constitutively active mutant of Gz $\alpha$  in order to determine the effect of this overexpression on the development of morphine tolerance. These experiments have been compounded by the finding that the expression of the Gz $\alpha$  gene in mice of the C57BL/6J strain of mice is extremely high but the animals all die before they reach breeding age. On the other hand expression of the transgene in the BALB/c strain results in virtually no expression of the gene. At present experiments are underway to intercross the two strains in order to determine the epigenetic phenomena that control Gz expression.

## *The Cancer Council ACT Shop*

The Cancer Council ACT Shop exists to provide quality sun protection products to the ACT community at affordable prices. The Shop complements the work done by the Council, particularly in the area of providing information about sun protection. The Shop is also a source of fundraising.

In 2000/01 the Shop reported a profit. While turning a profit is helpful, the main aim of the shop remains providing quality sun protection products to the community.

The Shop had enormous success increasing sales with merchandise stalls at SummerNats and the Canberra Show. Plans are underway for additional merchandise stalls at Canberra events next year.



The Cancer Council ACT Shop,  
Level 3 Westfield, Belconnen

### **Future Directions**

- To exceed net profit achieved in 2000/01.
- To continue to promote the SunSmart message by providing a wide selection of sun protective products at affordable prices.
- To open another shop if/when The Cancer Council builds its own premises.



# Staff Members 2000/01

## **Executive Officer**

Joan Bartlett

## **Cancer Information and Support Program**

Manager, Cancer Information and Support Services Program

Nicole Druhan McGinn  
(mat leave from 24/4/01)

A/g Manager, Cancer Information and Support Services  
Cancer Information Consultant  
A/g Support Services Coordinator\*  
Cancer Support Group Leader  
Breast Cancer Support Group Leader  
Kidscan Coordinator  
Wig Service Manager

Jennifer Kavka (from 24/4/01)  
Jennifer Kavka (from 6/7/00)  
Katrina Bayliss (from 30/4/01)  
Alison Meritini\* (from 28/3/01)  
Sacha Gibson\*  
Vicki Fox\*  
Lynne Webb

## **Cancer Education Program**

Manager, Education Services

Margaret Morton (to 29/9/00)  
Lindy Butcher (from 4/12/00)

Health Promotion Sponsorship Officer  
Cancer Prevention Officer  
Adult Quit Coordinator  
Adolescent Smoking Cessation Officer

Christina Cawkell\*  
Roz Lemon (from 18/9/00)  
Patricia Jones  
Catherine Moyle (from 15/8/00)

## **Fundraising and Promotion Program**

Fundraising and Promotion Manager  
Fundraising and Promotion Assistant

Nicole Stone  
Elizabeth Williams

## **Finance and Administration**

Accounts and Personnel Officer  
Secretary Receptionist  
Office Administrator (new position)  
Office Trainee

Caroline Jones  
Laurinda Armstrong (to 18/8/01)  
Katrina Bayliss (fr 15/1/01, p/t fr 30/4/01)  
Michelle Hill (from 26/3/01)

## **The Cancer Council ACT Shop**

Shop Manager

Philip McGhie (to 8/1/01)  
Andrea Hoare (from 30/1/01)

Shop Assistants

Danielle Abrahams\*  
Renee Ellis\*  
Shannon Jones\*  
Renee Kirkham\*  
Fiona Pryke\*  
Marie Robins\*

\*Service Delivery Contract or Casual staff

# Volunteers

## Fundraising Volunteers 2000/2001

Pam Stagg  
Daryl Lawrence  
Aeron Latham  
Alexandra Martyniak  
Alice Mason  
Alison Cox  
Alistair Coe  
Anastasia Mann  
Angela Lehmann  
Angela Sharma  
Anita Allan  
Anita Dickson  
Anne Borger  
Anne Nolan  
Annette Uttley  
Annie Ngo  
Arthur Riley  
Ashley Byron  
Barbara Court  
Barbara Deacon  
Barbara Finn  
Ben Witteveen  
Beth Clements  
Beth Gibbs  
Betty Gardner  
Betty Knight  
Betty Matthews  
Betty Mears  
Bev Ault  
Beverley Chalker  
Beverley Leahy  
Bill Gibson  
Bill Quinn  
Bock Thong  
Bridget Dawson  
Bronwyn Sharpe  
Caitlin Kelly  
Carol MacKay  
Caroline Day  
Caroline Gliddon  
Caroline Kuchel  
Caroline Morris  
Carolyn Tweedie  
Caroyln Walker  
Catherine Ruder

Cathy Colligen  
Cathy Harris  
Cathy Willis  
Celia McKew  
Chantelle Collinson  
Charis Mitchell  
Cheryl Henschell  
Cheryl Jackson  
Christine Gault  
Claire Entriiken  
Clare Conti  
Colin White  
Dale Burgess  
Dan Wheelaham  
Daphne Field  
Daphne Graham  
Daphne Hogie  
Darren Grear  
David Lusty  
Deborah Southwell  
Debra Gradie  
Des Ross  
Diana Prider  
Dianne Dominy  
Dick & Robyn Roe  
Dimitria Karapanagos  
Donna D'Arcy  
Donna Harley  
Doreen Hempstead  
Doug Strong  
Eda Thompson  
Eddie Cross  
Edith Jones  
Eileen Morris  
Elaine Graham  
Elaine Macky  
Eleanor Kennealy  
Elizabeth Lusby  
Elizabeth Smith  
Elizabeth Turton  
Ellen Matthews  
Enid Ingpen  
Ethel Orth  
Mrs Faux  
Fay Price  
Fiona Ryan  
Garth & Margaret Mansfield  
Ginny Condon

Glenys Nagel  
Gordon Masters  
Grace Holroyd  
Grace Sugden  
Gwen Bendun  
Hazel Brewer  
Heather McGlen  
Heather Phillips  
Heather Powrie  
Helen & Catherine Pitt  
Helen Fyfe  
Helen Mobbs  
Helen Shawe  
Helen-May Timiney  
Herb Skinner  
Hue Truong  
Ian Cochrane  
Ian Penhall  
Ilona Fraser  
Mr & Mrs McLeod  
Iris Frank  
Jacqui Joyce  
Jamie Corcoran  
Jane Cartledge  
Jane Johnson  
Janet Puffitt  
Janice Page  
Jaqui Bourke  
Jean Barnes  
Jemima Kilvy  
Jenny Becker  
Jill Parliament  
Jill Walker  
Jo Pelle  
Joan Shepherd  
Joan Tritton  
Jodie Wagner  
John Garner  
John Rayner  
Josphine Stanton  
Joy Dymke  
Joy Gibson  
Joy Stephen  
Joyce McGuire  
Judith Mikk  
Judith Stark  
Judy & Nell Byrnes  
Judy Hynes

# Volunteers

Julie Renten  
Justin Bethehem  
K Beaver  
Kal Pelvo  
Karen Dahlweiss  
Kate English  
Kate Lloyd  
Katherine Fewell  
Katherine Field  
Kathy Eastley  
Katie Smith  
Kelly Cole  
Kris Stenborg  
Larissa Macintyre  
Laura & Ian McDonald  
Laurie McDonald  
Lina Pelle  
Linda Harlan  
Lucy Cripps  
Lyn & Trevor Willson  
Lyn Ranieri  
Lyn Stead  
Lynne Combe  
Lynne Rowe  
Lynne Sandland  
Mabel Sansom  
Maree Jack  
Margaret Dando  
Margaret Goyne  
Margaret Lee  
Margaret Lowry  
Margaret Mulder  
Margaret Vidler  
Maria Moleirinho  
Maria O'Reilly  
Marianne Howard  
Marina Catelli  
Marjorie Thorpe  
Mark Cmeil  
Mark Hudson  
Marli Popple  
Mary Belavic  
Mary Bonney  
Mary Elliott  
Mary Galliano  
Mary Gleco  
Mary Rees  
Mary Reynolds

Max Fitton  
Meredith Rowland  
Merna Stairman  
Michael Adams  
Michael Brice  
Michael Strokowsky  
Michelle Gale  
Michelle Taggart  
Mindy Sutherland  
Miriam Calvert  
Moiria Clune  
Molly Rand  
Moya Kelly  
Nancy Body  
Natalie Cshivincsik  
Nduga Otieno-Pala  
Norma Ellis  
P Metallinos  
Pat McCarther  
Patricia and Paul Gray  
Paul & Kelly Munger  
Paul & Ruth Stanton  
Paul Flynn  
Paul Want  
Pearl Callaway  
Peter Brown  
Peter Hibberson  
Philip Wynch  
Rachel Taylor  
Rebecca Neeson  
Rita Corbett  
Rita Tankey  
Robina Lindenmayer  
Ron Morris  
Rosemary Baehnisch  
Rosemary Huff-Johnson  
Ruth Alsford  
Ruth Dinnerville  
Ruth Downing  
Samantha Gosford  
Sandie Brooke  
Sandra Nelson  
Sara Lynch  
Sarah Ferguson  
Saras Paramsothi  
Sheila Duke  
Sheila Mumberson  
Shirley Clarke

Shona Miller  
Simone Bayly  
Sonia Widdowson  
Soucila Thompsett  
Stephanie Elliott  
Stephanie Radovanovic  
Sue Wood  
Susan Scott  
Tasmin Hnatiuk  
Tenille Einsaar  
Tess Falconer  
Theresa Luff  
Therese Martin  
Tim Graham  
Tim Hardy  
Tim McNamara  
Tom Byron  
Toni Falusi  
Toni Wilson  
Trish Creegan  
Trish Lemmey  
Vee Kelly  
Veronica O'Brien  
Vicki Shaw  
Vija Kirby  
Wendy Hicks  
Win Brassil  
Win McQueen  
Yvonne Cook  
Yvonne Gentry

# Volunteers

## **Wig Service Volunteers 2000/2001**

Amanda Burton  
Beth Clements  
Joan Crook  
Nola Daley  
Ailsa Dickinson  
Diana Dobson  
Diana Elias  
Joyce Howe  
Enid Ingpen  
Eileen Jones  
Joanne Jones  
Maija Kepars  
Perrie Morris  
Miriam Mukojid  
Maz Petterson  
Linley Slinn  
Mary Sutherland  
Morag Tulley

Joan Shepherd  
Jan Skorich  
Angelica Ulrichsen  
Cas VanAggele

## **Support Volunteers**

Neuza Bertolau  
Anna Wellings Booth  
Diane Carter  
Ron Christie  
David Craig  
Margaret Dando  
Emilia Della-Torre  
Tess Falconer  
Suna Fehringer  
Sarah Ferguson  
Robert Kefford  
Valerie Lee  
Ellen Mathews  
June McDonald  
Judy McGlynn  
Graham Nicholls  
Sigrid Ooi  
Ian Penhall  
Margaret Pentony  
Margaret Pitt  
George Redfern  
Philip Robertson  
Marie Robins



Volunteers in action

**THE CANCER COUNCIL ACT**  
**FINANCIAL REPORT**  
**FOR THE YEAR ENDED 30 JUNE 2001**

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**THE CANCER COUNCIL ACT**  
**BOARD OF DIRECTORS' REPORT**

Your Board members submit the financial report of The Cancer Council ACT for the financial year ended Saturday, 30 June 2001.

**BOARD MEMBERS**

The names of Board members throughout the financial year and at the date of this report are:

- Lyla Rogan
- Ron Christie
- Russell McGowan (retired)
- Peter Murray
- Chris Soutter
- Anna Wellings-Booth
- Robin Stuart-Harris
- Margaret Morton (appointed)
- Heather Wain
- Graham Bigg (retired)
- Laurie Grealish (retired)
- Paul Green (retired)
- Shane Austin (appointed)

**PRINCIPAL ACTIVITIES**

The principal activities of the Council during the financial year were to provide cancer education and support in the Canberra region.

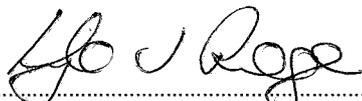
**SIGNIFICANT CHANGES**

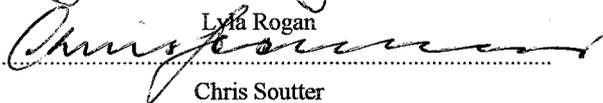
No significant change in the nature of these activities occurred during the year

**OPERATING RESULT**

The deficit amounted to \$(2,251).

Signed in accordance with a resolution of the Members of the Board:

  
.....  
Lyla Rogan

  
.....  
Chris Soutter

Dated this 29<sup>th</sup> day of August 2001

**THE CANCER COUNCIL ACT**

**STATEMENT OF FINANCIAL PERFORMANCE  
FOR THE YEAR ENDED 30 JUNE 2001**

	Notes	2001	2000
		\$	\$
<b>INCOME</b>			
Rental income		1,500	14,034
Insurance recoveries (Compensation payment)		1,629	-
Membership Fees		2,844	481
Royalty income		5,964	7,625
Other income		19,339	4,328
Interest		31,905	18,263
Donations		59,366	116,694
Bequests		83,521	228,139
Specific Grants received			
	2001	2000	
DHCC CIS/SS/Adult Quit	130,226	125,672	
DHCC Breast Cancer Support	-	2,120	
Healthpact Adolescent Tobacco	35,000	25,000	
Healthpact Mental Health	-	5,127	
Healthpact Sponsorships	91,250	110,000	
Snow Foundation – Wigs	5,000	5,000	
Other Grant income	-	-	
Total Grants received		261,476	272,919
Sales income		361,855	352,690
Fundraising		422,614	347,171
<b>REVENUE FROM ORDINARY ACTIVITIES</b>		<u>1,252,013</u>	<u>1,362,344</u>
<b>LESS EXPENSES</b>			
Loss on disposal/revaluation of non current assets		-	75,911
Operating expenses		-	474
Fundraising Costs		1,818	-
Resources		3,809	627
Audit fees		4,145	10,260
Motor vehicle expenses		5,419	4,993
Repairs & maintenance		6,182	13,220
Sundry expenses		6,502	8,932
Bank charges		6,676	5,133
Computer expenses		6,736	4,913
Conferences		6,949	8,134
Supplies and Services		8,117	9,428
Electricity		9,290	8,160
Annual leave expense		10,716	2,303
Freight & Postage		12,205	11,435
Insurance		12,786	12,887
Advertising		13,004	21,070
Travelling expenses		15,884	15,260
Consultancy fees		19,244	12,662
Telephone		22,346	16,375
Depreciation		25,229	26,143

The accompanying notes form part of these financial statements.

	Notes	2001	2000
		\$	\$
Professional Development		33,760	14,854
Printing & stationery		36,370	22,996
The Cancer Council Australia Membership		36,484	28,392
Superannuation		37,135	28,416
Rent		47,141	43,518
Grants - research		47,692	34,312
Resources and Promotional Materials		55,561	44,930
Fundraising Purchase		56,747	30,202
Cost of Goods Sold		222,989	191,706
Salaries & wages		483,328	442,284
<b>TOTAL EXPENSES</b>		<u>1,254,264</u>	<u>1,149,930</u>
<b>Surplus from ordinary activities before income tax expense (income tax revenue)</b>		<u>(2,251)</u>	<u>212,414</u>
<b>Net profit</b>	3	<u>(2,251)</u>	<u>212,414</u>
Increase (decrease) in reserve	10	-	14,680
<b>Total revenues, expenses and valuation adjustments attributable to members of the entity and recognised directly in equity</b>		<u>-</u>	<u>14,680</u>
<b>Total changes in equity other than those resulting from transactions with owners as owners</b>		<u>(2,251)</u>	<u>227,094</u>

The accompanying notes form part of these financial statements.

**THE CANCER COUNCIL ACT**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 JUNE 2001**

	Notes	2001	2000
		\$	\$
<b>CURRENT ASSETS</b>			
Cash assets	4	674,068	627,533
Receivables	5	14,096	2,591
Other financial assets (Investments)		15,322	14,744
Other		<u>4,693</u>	<u>7,079</u>
<b>TOTAL CURRENT ASSETS</b>		<u><b>708,179</b></u>	<u><b>651,947</b></u>
<b>NON-CURRENT ASSETS</b>			
Inventories		56,268	86,299
Other financial assets (Investments)		35,122	33,364
Property, plant and equipment	6	<u>53,850</u>	<u>62,582</u>
<b>TOTAL NON-CURRENT ASSETS</b>		<u><b>145,240</b></u>	<u><b>182,245</b></u>
<b>TOTAL ASSETS</b>		<u><b>853,419</b></u>	<u><b>834,192</b></u>
<b>CURRENT LIABILITIES</b>			
Payables	7	13,731	83
Provisions	8	26,581	15,866
Other		<u>16,117</u>	<u>11,662</u>
<b>TOTAL CURRENT LIABILITIES</b>		<u><b>56,429</b></u>	<u><b>27,611</b></u>
<b>TOTAL LIABILITIES</b>		<u><b>56,429</b></u>	<u><b>27,611</b></u>
<b>NET ASSETS</b>		<u><b>796,990</b></u>	<u><b>806,581</b></u>
<b>MEMBERS' FUNDS</b>			
Reserves	9	-	7,340
Accumulated surplus	10	<u>796,990</u>	<u>799,241</u>
<b>TOTAL MEMBERS' FUNDS</b>		<u><b>796,990</b></u>	<u><b>806,581</b></u>

The accompanying notes form part of these financial statements.

**THE CANCER COUNCIL ACT**  
**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 30 JUNE 2001**

	Notes	2001	2000
		\$	\$
<b>CASH FLOW FROM OPERATING ACTIVITIES</b>			
Receipts from operations		569,845	734,282
Operating grant receipts		280,686	272,919
Receipts from sale of publications		361,855	352,690
Payments to suppliers and employees		(1,181,259)	(1,096,312)
Interest received		<u>31,905</u>	<u>18,104</u>
Net cash provided by operating activities	12 (b)	<u>63,032</u>	<u>281,683</u>
<b>CASH FLOW FROM INVESTING ACTIVITIES</b>			
Proceeds from sale of property, plant and equipment		-	227,340
Payment for property, plant and equipment		(16,497)	(1,188)
Payment for investments		<u>-</u>	<u>(822)</u>
Net cash provided by/(used in) investing activities		<u>(16,497)</u>	<u>225,330</u>
Net increase in cash held		46,535	507,013
Cash at beginning of financial year		<u>627,533</u>	<u>120,520</u>
Cash at end of financial year	12 (a)	<u>674,068</u>	<u>627,533</u>

The accompanying notes form part of these financial statements.

# THE CANCER COUNCIL ACT

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2001

### NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial report is a general purpose financial report that has been prepared in accordance with Australian Accounting Standards, Urgent Issues Group Consensus Views and other authoritative pronouncements of the Australian Accounting Standards Board and the requirements of the Associations Incorporation Act of Australian Capital Territory

The financial report is for the entity The Cancer Council ACT as an individual entity. The Cancer Council ACT is an association incorporated in Australian Capital Territory under the Associations Act 1984.

The financial report has been prepared on an accruals basis and is based on historical costs. It does not take into account changing money values or, except where stated, current valuations of non-current assets. Cost is based on the fair values of the consideration given in exchange for assets.

The following is a summary of the material accounting policies adopted by the Council in the preparation of the financial report. The accounting policies have been consistently applied, unless otherwise stated.

The Council is exempt from Income Tax.

#### (a) Property, Plant and Equipment

Each class of property plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation.

##### *Plant and Equipment*

Plant and equipment are measured on the cost basis.

The carrying amount of plant and equipment is reviewed annually by the council to ensure it is not in excess of the recoverable amount of those assets. The recoverable amount is assessed on the basis of the expected net cash flows which will be received from the assets employment and subsequent disposal. The expected net cash flows have not been discounted to their present values in determining recoverable amounts.

Freehold land and buildings are brought to account at cost or at independent or directors' valuation.

##### *Depreciation*

The depreciable amount of all fixed assets are depreciated over the useful lives of the assets to the council commencing from the time the asset was held ready for use. Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The depreciable amount of all fixed assets are depreciated over the useful lives of the assets to the association commencing from the time the asset was held ready for use. Leasehold improvements are depreciated over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

The depreciation rates used for each class of assets are:

Class of fixed asset	Depreciation rates	Depreciation basis
Plant and equipment	7.5 - 27 %	Straight Line
Motor Vehicles	22.5 %	Straight Line
Furniture, Fixtures and Fittings	7.5 - 27 %	Straight Line

#### (b) Employee Entitlements

Provision is made for the Council's liability for employee entitlements arising from services rendered by employees to balance date. Employee entitlements expected to be settled within one year together with entitlements arising from wages and salaries, and annual leave which will be settled after one year, have been measured at their nominal amount. Other employee entitlements payable later than one year have been measured at the present value of the estimated future cash outflows to be made for those entitlements.

Contributions are made by the Council to an employee superannuation fund and are charged as expenses when incurred.

#### (c) Cash

For the purposes of the statement of cash flows, cash includes cash on hand, at banks and on deposit.

**THE CANCER COUNCIL ACT**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 JUNE 2001**

**NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Continued)**

**(d) Revenue**

Revenue from sale of goods is recognised upon the delivery of goods to customers.

Revenue from the rendering of a service is recognised upon the delivery of the service to the customers.

Interest revenue is recognised on a proportional basis taking into account the interest rates applicable to the financial assets.

Other revenue is recognised when the right to receive the revenue has been established.

All revenue is stated net of the amount of goods and services tax (GST).

**THE CANCER COUNCIL ACT**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2001**

	Note	2001 \$	2000 \$
<b>NOTE 2: REVENUE</b>			
<b>Operating activities</b>			
- sale of goods		361,855	352,690
- rendering of services		568,345	692,485
- royalties		5,964	7,625
- interest		31,905	18,263
- rent		1,500	14,034
- other revenue		<u>280,686</u>	<u>277,147</u>
Total Revenue		<u>1,250,255</u>	<u>1,362,244</u>
 (a) Interest from:			
- other persons		<u>31,905</u>	<u>18,263</u>
		31,905	18,263

**NOTE 3: SURPLUS FROM ORDINARY ACTIVITIES**

Surplus (deficit) from ordinary activities before income tax expenses (income tax revenue) has been determined after:

(a) Expenses:

Depreciation of non-current assets

- Other capital assets		25,229	26,143
Depreciation of property, plant and equipment		25,229	26,143
Remuneration of the auditors for:			
- audit services		<u>4,145</u>	<u>10,260</u>

Net loss on disposal of non-current assets

- Property, plant and equipment		<u>-</u>	<u>75,911</u>
---------------------------------	--	----------	---------------

**NOTE 4: CASH ASSETS**

Cash on hand		650	650
Cash at bank		440,107	406,506
Deposits at call		<u>233,311</u>	<u>220,377</u>
		<u>674,068</u>	<u>627,533</u>

**NOTE 5: RECEIVABLES**

CURRENT

Subscriptions receivable		1,126	1,526
Other debtors		<u>12,970</u>	<u>1,065</u>
		<u>12,970</u>	<u>1,065</u>
		<u>14,096</u>	<u>2,591</u>

**THE CANCER COUNCIL ACT**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2001**

	Note	2001 \$	2000 \$
<b>PLANT AND EQUIPMENT</b>			
(a) Plant and equipment			
At cost		138,461	121,964
Less accumulated depreciation		<u>(92,480)</u>	<u>(69,536)</u>
		45,981	52,428
(b) Motor vehicles			
At cost		19,122	19,122
Less accumulated depreciation		<u>(11,253)</u>	<u>(8,968)</u>
		<u>7,869</u>	<u>10,154</u>
Total plant and equipment		<u>51,061</u>	<u>62,582</u>
Total property, plant and equipment		<u>53,850</u>	<u>62,582</u>

**(c) Movements in Carrying Amounts**

Movement in the carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year

	Plant & equipment \$	Motor Vehicles \$	Total \$
<b>2001</b>			
Balance at the beginning of the year	52,428	10,154	62,582
Additions	16,497	-	16,497
Depreciation expense	(22,944)	(2,285)	(25,229)
Carrying amount at end of year	<u>45,981</u>	<u>7,869</u>	<u>53,850</u>

**NOTE 7: PAYABLES**

**CURRENT**

Unsecured liabilities

Sundry creditors and accruals

<u>13,731</u>	<u>83</u>
<u>13,731</u>	<u>83</u>

**THE CANCER COUNCIL ACT**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2001**

	Note	2001 \$	2000 \$
<b>NOTE 8: PROVISIONS</b>			
Employee entitlements	(a)	26,581	25,178
(a) Aggregate employee entitlements liability		<u>26,581</u>	<u>25,178</u>
<b>NOTE 9: RESERVES</b>			
Other reserves	10(a)	<u>-</u>	<u>7,340</u>
		<u>-</u>	<u>7,340</u>
(a) Other reserves			
Movements during the financial year:			
Opening balance		7,340	-
Kidscan Funds transferred to projects		<u>(7,340)</u>	<u>7,340</u>
Closing balance		<u>-</u>	<u>7,340</u>
The other reserves records			
<b>NOTE 10: ACCUMULATED SURPLUS</b>			
Accumulated surplus at the beginning of the financial year		799,241	586,827
Net profit (loss) attributable to members of the entity		<u>(2,251)</u>	<u>212,414</u>
Accumulated surplus at the end of the financial year		<u>796,990</u>	<u>799,241</u>

**NOTE 11: SEGMENT REPORTING**

The Council provided cancer education and support within the Australian Capital Territory

**THE CANCER COUNCIL ACT**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2001**

	Note	2001 \$	2000 \$
<b>NOTE 12: CASH FLOW INFORMATION</b>			
(a) Reconciliation of cash			
Cash at the end of the financial year as shown in the statements of cash flows is reconciled to the related items in the statement of financial position as follows:			
Cash on hand		650	650
Cash at bank		440,107	406,506
At call deposits with financial institutions		<u>233,311</u>	<u>220,377</u>
		<b>674,068</b>	<b>627,533</b>
 (b) Reconciliation of cash flow from operations with profit from ordinary activities after income tax			
Surplus from ordinary activities after income tax		(2,251)	212,414
Non-cash flows in profit from ordinary activities			
Depreciation		25,229	26,143
Net (gain) / loss on disposal of property, plant and equipment		-	75,911
Unrealised gain on investments		(1,758)	100
Transfer from Kidscan funds		(7,340)	-
Changes in assets and liabilities			
(Increase)/decrease in receivables		(12,083)	8,570
(Increase)/decrease in other assets		2,386	(6,702)
(Increase)/decrease in inventories		30,031	(35,291)
Increase/(decrease) in payables		18,103	(8,662)
Increase in provisions		<u>10,751</u>	<u>9,200</u>
Cash flows from operations		<u><b>63,032</b></u>	<u><b>281,683</b></u>

**THE CANCER COUNCIL ACT**

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2001**

**NOTE 13: FINANCIAL INSTRUMENTS**

**(a) Interest Rate Risk**

The Council's exposure to interest rate risk, which is the risk that a financial instrument's value will fluctuate as a result of changes in market interest rates and the effective weighted average interest rates on classes of financial assets and financial liabilities, is as follows:

	Weighted Average		Fixed Interest Rate Maturing					
	Effective Interest Rate		Floating Interest Rate		Within 1 Year		1 to 5 Years	
	2001	2000	2001	2000	2001	2000	2001	2000
Financial Assets	%	%	\$	\$	\$	\$	\$	\$
Cash	3	3	440,107	406,506	232,144	219,210	-	-
Receivables	5	5	-	-	-	-	-	-
Investments	5	5	15,322	14,744	-	-	25,610	25,610
Total financial assets			<u>455,429</u>	<u>421,250</u>	<u>232,144</u>	<u>219,210</u>	<u>25,610</u>	<u>25,610</u>
Financial liabilities								
Bank loans and overdrafts	-	-	-	-	-	-	-	-
Total financial liabilities			<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

	Fixed Interest Rate Maturing					
	Over 5 Years		Non-Interest Bearing		Total	
	2001	2000	2001	2000	2001	2000
	\$	\$	\$	\$	\$	\$
Cash	-	-	1,817	1,817	674,284	627,317
Receivables	-	-	1,125	2,479	-	-
Investments	-	-	9,512	7,754	-	-
Total financial assets	<u>-</u>	<u>-</u>	<u>12,454</u>	<u>12,050</u>	<u>674,284</u>	<u>627,317</u>
Financial liabilities						
Trade and sundry creditors	-	-	10,162	(28)	13,731	83
Total financial liabilities	<u>-</u>	<u>-</u>	<u>10,162</u>	<u>(28)</u>	<u>13,731</u>	<u>83</u>

**NOTE 15: ASSOCIATION DETAILS**

The registered office of the association is:

The Cancer Council ACT  
159 Maribyrnong Avenue  
KALEEN ACT 2617

**THE CANCER COUNCIL ACT**

**STATEMENT BY MEMBERS OF THE BOARD**

In the opinion of the Board the financial report as set out on pages 2 to 11:

1. Presents fairly the financial position of The Cancer Council ACT as at Saturday, 30 June 2001 and its performance for the financial year ended on that date in accordance with the Australian Accounting Standards and other mandatory professional reporting requirements and other authoritative pronouncements of the Australian Accounting Standards Board.
2. At the date of this statement, there are reasonable grounds to believe that The Cancer Council ACT will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the Committee by:



Lyla Rogan



Chris Soutter

Dated this 29th day of August 2001

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13 London Circuit, Canberra

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**THE CANCER COUNCIL ACT  
INDEPENDENT AUDIT REPORT  
TO THE MEMBERS OF  
THE CANCER COUNCIL ACT**

**Scope**

We have audited the financial report of The Cancer Council ACT for the financial year ended Saturday, 30 June 2001 being the Statement of Financial Performance, Statement of Financial Position, Statement of Cash Flows, notes to the Financial Statements and the Statement by Members of the Board. The Board is responsible for the financial report. We have conducted an independent audit of this financial report in order to express an opinion on it to the members.

Our audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial report is free of material misstatement. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with Accounting Standards, the Association's Incorporation Act of Australian Capital Territory, and other mandatory professional reporting requirements so as to present a view which is consistent with our understanding of the association's financial position and performance as represented by the results of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

**Qualification**

It is not practicable for the The Cancer Council ACT to maintain an effective system of internal control over cash received from fundraising and other activities, until their initial entry into the accounting records. Accordingly, our audit was limited to the amounts recorded.

**Qualified Audit Opinion**

In our opinion, except for the effects on the financial statements of matter referred to in the qualification paragraph, the financial report of The Cancer Council ACT presents fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements, the financial position of The Cancer Council ACT as at Saturday, 30 June 2001 and the results of its operations and its cash flows for the financial year then ended.

Bentleys MRI  
GPO Box 554  
Canberra  
ACT 2601  
Chartered Accountants


R J Ellison

Partner

Monday, 3 September 2001

Canberra